

Sources of Education and Training

PRINT & VIDEO:

- CTRI manual “Treating Tobacco Use and Dependence in Hospitalized Smokers” (binder with enhanced version provided by APTNA at Learning Session)
- CTRI training manual with video “Treating Tobacco Use and Dependence: Practical Strategies to Help Your Patient Quit”
- “Take Time to Help” video (copy provided by APTNA)
- USPHS “Treating Tobacco Use and Dependence: Quick Reference Guide” (and/or full guide)
- Abrams, et. al., “Tobacco Dependence Treatment Handbook”
- Articles-abstracts provided by APTNA (hard copies and also on disk)

ONLINE:

- Links to numerous courses: APTNA website (www.aptna.org) – go to Related Links page and click on “Online Courses” (there are 2 pages of links to online courses).
- UW Medical School course based on the USPHS guideline (www.cme.wisc.edu/online/ctri)
- *How to Help Older Adults Quit Smoking* from The Nursing Center website (www.nursingcenter.com/prodev/ce_article.asp?tid=289133)
- Interactive course from Canada (www.rnao.org/smokingCessation/index.asp)

Sources of Materials

FORMS: revise current forms, use discharge form printed by VDH, develop new forms:

- See samples distributed by other facilities in VHQC Collaboratives
- See WVA Freedom From Tobacco Program sample in binder (“Additional Resources”)
- Obtain CD-ROM version of ACCP’s “Tobacco Cessation Tool Kit”
- Check National Pneumonia website for sample forms

PROVIDER EDUCATION:

- CTRI manuals: download from website (or contact Sandy Keller at 608-265-4869 or slk@ctri.medicine.wisc.edu): http://www.ctri.wisc.edu/main_dept/guide/guide_main.html
- USPHS Quick Reference Guide: order from AHRQ (order form in enhanced binder)

PATIENT EDUCATION (see samples in enhanced binder):

Packet A (for patients willing to quit)

- List of toll-free phone counseling numbers (Quitlines), online programs, local programs (if any)
- Self-help booklet(s) and clinician tearsheet (USPHS)
- Pamphlets targeted to patient characteristics (disease, age, gender, weight gain, etc.)

(Other self-help booklets: ACS “Smart Move,” ALA “Quitting for Life,” NCI “Clearing the Air”)

Packet B (for patients not willing/ready to quit)

- ACS “When Smokers Quit” pamphlet and list of Quitlines
- Pamphlets on secondhand smoke
- NCI “Why Do You Smoke?” booklet/USPHS hospital card
- Pamphlets targeted to patient characteristics (disease, age, gender)

Relapse Prevention

- List of toll-free phone counseling numbers (Quitlines), online programs, local programs (if any)